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Press Release

WDFH Relaunches *Recovery Talk* with Robyn Leary

Resilience is the prevailing spirit of New York journalist Robyn Leary's interview talk show, *Recovery Talk*, a public affairs program airing Tuesday evenings from 6:30 to 7:00 pm and again on Saturday mornings from 9:30 to 10:00 am on WDFH 90.3 FM, and anytime on the station's website.

Recovery Talk is dedicated to examining human resilience in recovery. The show explores all facets of recovery: health and medicine topics, new science technologies, advances in trauma research, public policy innovations, addiction treatment, recovery advocacy, veterans' affairs, family courts, anti-violent crime strategies, domestic violence resources, chemical dependence, and therapies for illness and loss.

"The show includes interviews with experts from around the world and every public health field," notes Leary, "Our guests often include victims as well as those in treatment."

"*Recovery Talk* is a great example of the social service and public health information that community radio can deliver," said Marc Sophos, executive director of WDFH-FM. "We are very lucky to have someone of Robyn's stature and expertise creating such a valuable show with such informative guests."

Recent guests on *Recovery Talk* include Ed Olsen, director of Education and Assistance Corporation, a chemical dependency outpatient program in Hempstead, NY, and Sis Wenger, president and CEO of the National Association for Children of Alcoholics. Host Robyn Leary is president of the Recovery Network Foundation, executive producer of the "Under the Influence Film Series," and a nationally recognized voice on addiction and trauma recovery. <http://recoverynetworkfoundation.org>

To listen to *Recovery Talk* online, visit <http://wdfh.org>

About WDFH: WDFH is Westchester County and the lower Hudson Valley's only community radio station. The station's parent organization is Hudson Valley Community Radio, Inc., a 501(c)(3) nonprofit. WDFH is an affiliate of [Pacifica Radio](#), the Hudson's Valley source for [Democracy Now!](#) and [Free Speech Radio News](#). WDFH is scheduled to complete a major signal expansion in January. Meanwhile, WDFH can be heard in Ossining and vicinity on the radio at 90.3 FM. "Recovery Talk" is also available on-line and as a podcast at <http://wdfh.org>.

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